



## Zone Fitness Festive Season Timetable Willowbridge

Festive Season Time Table Dates : 17 December - 22 December

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00					Indoor Cycling	
8:30		Pilates			Yoga	Shape Shift
11:00	PUBLIC HOLIDAY	CoreBurn	CoreBurn	CoreBurn	CoreBurn	
17:00	PUBLIC HOLIDAY	Hitt Circuit	Hitt Circuit	Hitt Circuit		
17:15						
17:30		Indoor Cycling	Indoor Cycling	Indoor Cycling		
18:30						

**Feel free to download our class descriptions via our website.**