



Zone Fitness Festive Season Studio **KLOOF STREET**

Festive Season Time Table Dates : 07 - 12 January 2019

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00		Pilates		Pilates		
7:30						
8:00						
8:30						
9:00						Zumba
10:00						
12:00						
16:00						
17:00	Coreburn	Coreburn	Coreburn	Coreburn	Coreburn	
17:30		Tone the Zone	Fight Night	Dance for Fitness		
18:00	Yoga					
19:00						

Feel free to download our class descriptions via our website.