



Zone Fitness Festive Season Studio MW

Festive Season Time Table Dates : 7 Jan - 12 Jan

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00						
7:30						
8:00						
8:30						
9:00	Coreburn	Coreburn	Coreburn	Coreburn		
10:00						
12:00						
16:00	Coreburn / Circuit	Coreburn / Circuit	Coreburn / Circuit	Coreburn / Circuit		
17:00						
17:00	Cardio Insanity	Bootcamp	Fight Night	Bootcamp		
17:30						
18:00						
19:00						
19:00						

Feel free to download our class descriptions via our website.