



Zone Fitness Festive Season Studio **Campus Square**

Festive Season Time Table Dates : 03-08 December 2018

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30	Coreburn	Box burn	Coreburn	Box burn	Core burn	
7:00	Cardio Insanity		Step		Pilates	
8:00						
8:30						
9:00						
10:00						
12:00						
16:00						
16:30						
17:00	Cardio Insanity	Step	High Impact	Fight Night		
17:00						
18:00	Box Burn	Box Burn	Box Burn	Box Burn		
19:00						
19:00						

Feel free to download our class descriptions via our website.